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SKIN CARE: The Secrets To A Healthy Youthful And Glowing Skin



Synopsis

I created this book for women and men too, to provide answers to some of the most common skin problems most of us often go through. Help us understand what really causes these skin conditions and provide us guide on how we may prevent and or treat each condition without having to spend a lot of money going to skincare experts and consulting dermatologist or buying unrealistically expensive skincare products, that doesn't even work or solve our problems. The book also provides us facts that will help us understand and eradicate common misconceptions, wrong beliefs and practices that we may know about skin care. Furthermore, it provides quick and easy steps, use of natural, organic and homemade treatments, tips and routines that you may follow and enjoy doing with you sisters or your mother and girlfriends and perhaps with your brothers too. It doesn't cost much to have a healthy, youthful glowing skin as long as you know what and how to do it. Just give it a try and see the magic yourself!

Book Information

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Customer Reviews

My friend might like this book. I will inform her about it. I hope this is giving you the required number of words

Thank you for the reference. Lots of useful information for making my natural products for my customers. Shipped pretty fast.

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